



# KENDAL

## July 2023

"The Ramblers' Association is a registered charity (England & Wales no.1093577 Scotland no.SC039799) and a company limited by guarantee, registered in England & Wales (no.4458492). Registered office: 1 Clink Street, 3rd Floor, London, SE1 9DG  
Website: [www.ramblers.org.uk](http://www.ramblers.org.uk). Regional website: [www.ramblers.org.uk/lake-district](http://www.ramblers.org.uk/lake-district)

# NEWSLETTER

## Car Parking for walks

### Kendal Leisure Centre

At the end of June **B&Q** ceased the arrangement for members of Kendal Ramblers to leave their cars in their car park for the duration of our walks, having introduced parking restrictions limiting visitors to a **stay of no more than three hours**. We have therefore made arrangements with **Kendal Leisure Centre** that from **1st July** we can leave cars within their car park for a charge of £2.00 per car per day - parking permit must be bought from Reception and must be left in the windscreen of each car. To make sure that this runs as smoothly as possible it would help to be at the Leisure Centre **well before the departure time** to enable us to arrange which cars will be staying and to sort out the parking permits. It has not been specified which area we need to park in so we suggest that we use the area nearest to the main road for the time being and **see if this works okay**.

There may be times when an alternative car parking area is used as a meeting place but this will be notified on the Walks Programme, our website and Facebook page.

Thank you all for your co-operation in what we hope will be a successful arrangement. **Jill Hayes (Walks Co-ordinator)**

## Weekend away

### September 22<sup>nd</sup>-24<sup>th</sup>

We now have eleven members booked in to the Premier Inn in Whitehaven for a weekend away in September. Most of us are **planning to walk the western fells**, though some may prefer to do **coastal walks**, or explore the town of **Whitehaven and the surrounding area**. Walks and any other trips out will be organised informally amongst ourselves. Breakfast and evening meals are available in the adjacent pub, where there is a meal deal for people staying at the Premier Inn - this can be booked at the time of booking the room. (It may be possible to add it later if required, though you are advised to check this with the Premier Inn).

**If you would like to join us** please book your own room(s), and let Wendy know that you will be coming by texting her on 07890 996929. If you include whether you are eating in the pub in the evening nearer the time, Wendy will contact the pub to **reserve tables for the group** so we can eat together. Alternatively, if you prefer, there are places to eat in Whitehaven town (though I have no idea what they are like!).

For those who would like to travel together, we can arrange **car share** amongst ourselves nearer the time.

I hope you can join us for what should be an enjoyable weekend of walking.  
**Wendy Jones**

## BRIGSTEER ROAD SUCCESS

There has long been an historic need for a **continuous footway** along the Brigsteer Road to Scout Scar in the LDNP. In 2012, Rambler Jan Wiltshire began to campaign to see it realised. Latterly, with the **development of the Brigsteer Rise housing estate**, the issue of safe pedestrian access to Scout Scar was brought into stark relief. The footway has now been achieved through sustained pressure on the developer, Story Homes, and the then South Lakes District Council, from local residents **supported by the Kendal Ramblers committee**.  
**Rona Wilson**

## Footpath Closure

Westmorland and Furness Council has approved the application for the **closure** of a section of **Bridleway 536231, St Georges Walk**, in Kendal, for 6 months for river defence work to be carried out. The closure has been agreed in order to ensure the safety of the public and shall be in effect until the **18th December 2023** or until the works are completed whichever is the earlier. An alternative route has been given as **via Thorny Hills, Castle Crescent and Castle Street**.  
**Helen Brown** Cumbria Highways Ltd

## Windermere Car Ferry

Users will be aware that the **single fare for a car with passengers** has recently **risen to £6**. You may not be aware that a significant saving can be made for **local residents** by purchasing a **book of 20 tickets** from Westmorland and Furness Council, at the old County Hall.  
**Richard Cartwright**

## November 2023 Copy date

All copy please to the Editor by the 10th November 2023  
[terrydee@talktalk.net](mailto:terrydee@talktalk.net) or 01539 721998. Many thanks. **Ed.**

## Committee March 2023

<b>Chair</b>	Syd Searle	Tel: 01539 738140 syd@houseoffice.net
<b>Secretary</b>	Richard Cartwright	Tel: 07502 083488 richardc54@hotmail.com
<b>Treasurer</b>	Alison Jones	Tel: 01539 739105 alison@linford-jones.me.uk
<b>Footpaths (Outside LDNP)</b>	Sara Barlow	Tel: 07818 272230 sara_barlow@hotmail.co.uk
<b>Footpaths (LDNP)</b>	Dave Harrison	Tel: 015397 28426 djh1@cam.ac.uk
<b>Walks Programme</b>	Jill Hayes	Tel: 01539 733099 justjill@hotmail.co.uk
<b>Newsletter</b>	Terry Doherty	Tel: 01539 721998 terrydee@talktalk.net
<b>Social</b>	Mary Rowlinson	Tel: 015395 68912 Kendalramblers03@gmail.com
<b>Publicity</b>	Steve Rowlinson	Tel: 015395 68912 Kendalramblers03@gmail.com
<b>Membership</b>	Dave Harrison	Tel: 015397 28426 djh1@cam.ac.uk
<b>General Members</b>	Rona Wilson.	Tel: 01539 739884
	Wendy Jones	Tel: 07890 996929
<b>Useful other numbers:</b>		
<b>Website</b>	John Edmondson	johnmark.edmondson@gmail.com

## Supper and Slides

**Friday 29<sup>th</sup> September 2023 at 7pm**

**Venue-** Abbot Hall Social Centre **Cost-** £15

**Supper-** choice of chicken, leek and ham pie (topped with mash) or the vegetarian option of a cheese, leek and onion pie followed by a selection of homemade desserts

**Drinks-** please bring your own alcohol/soft drinks and glasses. Hot drinks will be served after the meal.

### Slides

**Kevin and Chris Cook** will be showing slides and sharing their experiences when they tackled the **Tour de Mont Blanc** last year. With amazing views, visiting Alpine huts and refuges en route, and even crossing a **Himalayan style swaying bridge**, this was a trip of a lifetime and their presentation will transport you round what is arguably one of the world's classic walks. **Cath Williams** will then add to the presentation with her experience of the Tour De Mont Blanc.

**Payment details** – BACS to UNITY TRUST PLC

Account name- Kendal Ramblers Account number- 20115386  
Sort code 60-83-01 or by cheque (Kendal Ramblers LD3) adding an extra 30p for admin costs and send or give to Alison Jones (address 14 Blencathra Gardens, Kendal LA9 7HL)

**Booking-** please email Mary on kendalramblers03@gmail.com to book a place and inform me of your choice of pie .

**RSVP by 17<sup>th</sup> September.** **Mary Rowlinson**

## Meat to Eat at Coniston Inn

Our next 'Meet to Eat' event is on Tuesday 22<sup>nd</sup> August, open to walkers and non-walkers. Lunch is at 13.30, £10 deposit to book a place required. See [www.inncollectiongroup.com/coniston-inn/restaurant/](http://www.inncollectiongroup.com/coniston-inn/restaurant/) for menu. Those walking will set off at 10am from Coniston Inn car park SD310975 for a 6 mile lakeside walk to Torver Jetty and back, with option of walking less. Please pay £10 deposit to Kendal Ramblers (60-83-01 20115386) and advise Richard at [richardc54@hotmail.com](mailto:richardc54@hotmail.com) by 31<sup>st</sup> July to secure your place. See our summer program for full walk details.

**Richard Cartwright**

## Dates for your diary

22nd August 2023	- Meat to Eat Coniston
22nd-24th September 2023	- Whitehaven weekend away
29th September 7pm - Supper	- Slides of Tour De Mont Blanc
10th November 2023	- AGM + John Holman talk
12th December 2023 12.30pm	- Christmas Lunch Crooklands
15th-19th April 2024	- Holiday Scottish Borders

## ANGLESEY HOLIDAY

**24th-28th April 2023**

This year's KR holiday was on Anglesey and **The Bulkeley Hotel in Beaumaris** served as a superb base. The hotel was built 1832 as a Georgian showpiece to accommodate Princess Victoria and it still retains much of the grandeur from earlier times. **An entirely fitting location** for Kendal Ramblers therefore !

Once again, the weather was kind to us and **a full weeks' walking ensued**, ably choreographed by **Hilary**, who spent many evenings of the preceding winter plotting and scheming walks for us all to enjoy.

The hotel car park buzzed with Rambler activity every morning with cars departing to all points of the compass public transport being relatively infrequent.

As always a huge **heartfelt thanks to Jill** for organising yet another **wonderful week away** and to **Hilary** for devising a full spectrum of walks for us all to enjoy. Of course we have only scratched the surface, so hopefully **we can go back again one day** in the not too distant future. **Steve Rowlinson KR Publicity**

## Access Islands

A journalist has contacted Ramblers asking for examples of 'access islands' - i.e. right to roam areas in a sea of non-access land and without a public right of way passing through them.

Email details to **Kate Conto** at [kate.conto@ramblers.org.uk](mailto:kate.conto@ramblers.org.uk)

## The Eamont Way

This is a new, signed, trail connecting **Penrith railway station** with Pooley Bridge, the Steamers and the Ullswater Way. It is the result of over two years of work by an **Eamont Way Working Group** including members of the Friends of the Ullswater Way, (FOUW), Sustainable and Integrated Transport for Ullswater (SITU), Suzy Hankin of the LDNP and representatives of the Parishes along the way.

**The route is now complete**, thanks to a pavement installed last year by Cumbria County Council (CCC) along a crucial section of the B5320 between Thorpe bridleway and Kirkbarrow, and **permissive paths granted** by the landowners and tenants at Sockbridge Hall Farm, Kirkbarrow Farm and Barton Church Farm. **Signage has just been installed.**

For further information on the Eamont Way please find the attached link <https://www.ullswaterheritage.org/eamont-way>  
**Cecilia McCabe Member of the Eamont Way Working Group FOUW Trustee**

## Ramblers Games Evening in March

16 of us had a very enjoyable evening with **lots of laughter** and a box of chocolates for the winner. Games were **played in rotation**. **Whot** is a card game where the aim is to be the first to use all your cards matching shapes or numbers. **Bananagrams** is a quick fire version of Scrabble and **Rapidough** was certainly different! Try making a chain saw with play dough in a short space of time! The final game was called **Continuo**. This was a stack of cards looking like the sides of a Rubik cube and the idea was to make "snakes" when placing cards next to each other with the most squares included **being the aim**.

Halfway through **delicious puddings** were on offer as well as hot drinks. A very good evening and **many thanks to our social secretary, Mary (and her assistant!)** **Alison Jones**

## Ease of Use Surveys

These are surveys of paths selected by the Lake District National Park Authority and **undertaken by volunteers** from the Ramblers. The person undertaking a survey works from a form and walks the path looking for the features described on the form. **Features can include** signposts, waymarking arrows, bridges, gates, and even drainage pipes.

These surveys take place **twice a year, in May and November**. We need volunteers to augment our team, and would welcome any new ones. In order to become a volunteer you would need to **attend a half day course** run by the LDNPA. These courses are run whenever there are sufficient numbers **willing to attend**.

If you would like to join our team, **please contact Dave Harrison** at [djh1@cam.ac.uk](mailto:djh1@cam.ac.uk) or on 01539-728426.

## England Coast Path

We are still **awaiting approval**, by the Secretary of State, for the remaining sections of the ECP from Greenodd to Silverdale and **on through Lancaster**. We hope most of these will be announced soon but we do expect **potential issues** to hold up progress through the **Warton Sands area**.  
**Ian Brodie**

## Alison and Dorothy's latest challenge

This year we decided to try an area unfamiliar to both of us. The chosen region was the **Yorkshire Wolds Way, reportedly flat!** We were soon to find this was a misnomer! The area is chalk land and as a result has a **number of dry valleys** carved by ice with steep climbs down and up again! We lost count of the numbers. Having said that the area was **beautiful** passing near to some pretty villages and ancient settlements. The rape was in full flower and we passed through fields of wild flowers so there was plenty of colour. We met a handful of Wold's walkers but also plenty of "locals" who were very friendly and **ready for a chat**. No cuckoos on this trek but sightings of **Curlew and Red Kites**.

The route runs officially for 79 miles from Hessle (outside Hull) to Filey so meets up with the Cleveland Way which we completed last year. Early on we passed the spectacular **Humber Bridge** and having a day in the City of Culture (Hull) proved to be interesting and definitely worth a visit. Our train journey to the start appeared very interesting as we were routed through Brough. It turned out to be a second town of the name near Hessle. **Mickledore tours** did a good job for us again with accommodation from Castles to Farm Houses. Taxi pick ups were organised as we tried to keep to our **12 miles a day**. Needless to say this did not always work because of the scarcity of accommodation en route so the mileage was somewhat more than the official count.

We don't want to give up yet so **watch this space for next year!**

**Alison Jones June 2023**

## Grange Level Crossing

The level crossing in Grange has been closed, under a succession of 'temporary closure' notices, since a near miss incident in 2017. Network Rail sought a **diversion order** and Cumbria CC made the order which, because of several objections, went to a public inquiry. The inspector did not confirm the order, in effect **saying the crossing should be re-opened**. Rather than appeal the decision to the High Court, Network Rail applied to Cumbria CC for an extinguishment order which the councillors made in January 2023. This time Ramblers Head Office have taken on the case, **submitting a detailed objection** and legal evidence that the making of the extinguishment order **was unlawful**.

The matter is now with Westmorland & Furness councillors who could withdraw the order or submit it to the Planning Inspectorate for determination. If they choose the latter option there will be another public inquiry - the one for the diversion order cost CCC some £50,000 in legal costs.  
**Dennis Pook**

## KENDAL WALKING FESTIVAL 2024

News has reached us that in 2024 this will be joined with a cycling festival. Watch this space!  
**Ed.**

## AIRA FORCE REOPENED

This historic viewpoint was reopened to visitors **in mid June** with Dramatic Steel walkways which are a culmination of a **National Trust project spanning over two years**, replacing an existing viewpoint and footpath which had become unstable and unsuitable for long term use.

The steel platforms are **cantilevered out** over the river gorge to provide inspiring views of the river and waterfall and the walkways are intended to help visitors **access the falls at their best year round**.

Steel has been chosen to increase safety and accessibility, especially in the winter months when the famous falls can be at their most spectacular, the narrow profile steel helping to reduce visual impact.

The original walkways at Aira Force were in spindly wooden form, with stone bridges added to ease access in the early 20th century **after the National Trust had acquired the site**.

While the new walkways follow the existing routes, they allow more space to linger and admire the views. **Ed.**

## An Invitation from Grange Ramblers

We have another coach trip later this year which is now open to other groups. **The two walks both follow the Pennine Way**. One is 9 miles long and one is a shorter walk of 6 miles. Both will walk past **High & Low Force Water Falls** on the river Tees. Book by 10th September latest!  
**Langdon Beck to Middleton in Teesdale**

**Wednesday 20th September 2023**

**Cost £20.00 per head Coach Trip**

The coach will leave Berner's Car Park at 8:15am and return to Grange in the early evening. There will be two walks. **Walk A: 9.0 miles classed as Moderate** - total ascent 722 ft/220m. The walk will follow the Pennine Way. Starting at Langdon Beck past High and Low Force waterfalls finishing in Middleton in Teesdale. **Walk B: 6 miles classed as Easy**. This walk will start at High Force further along the Pennine Way walking past Low Force waterfall with the end being the same as walk A. Seats will be reserved on a first come, first served basis. Please book early to avoid disappointment. IF

POSSIBLE, PLEASE PAY BY BACS - details below - before the 10th September 2023 Account Name: Grampers Social Account.

Account No. 08659968 Sort Code: 77 26 29 Reference: Please state your name. **Names and walk selection plus e-mail numbers, to Keith Hutchins at [k830hutchins@btinternet.com](mailto:k830hutchins@btinternet.com)**

## NEW WEBSITE RULES FOR LEADERS

If you want your name and/or email address and/or phone number to appear on the national website on a walk you are leading, you will need to set your contact preferences within Walks Manager to allow this.

**To do this** - Go on to the Ramblers website and sign in using the same password that you had for the previous Ramblers website.

If you have trouble signing in then **click on 'Not your account'** and it will give you an option to sign in using your same password. If this still doesn't work **contact [volunteersupport@ramblers.zendesk.com](mailto:volunteersupport@ramblers.zendesk.com)** Scroll down to Walks Manager. Click on the grey person icon in the top right-hand corner of the Walks Manager home screen, and select **'Contact preferences'** from the drop-down list.

In the 'Permission' section further down, tick one, or two, or all three boxes depending on your preferences. The details you tick will be included with any walks that you lead so that anyone wanting to join the walk can contact you.

As you will see, **if you want to change any of your contact information** you will need to go to 'My Account' then 'My Details'. The system will not let you enter more than one phone number so if you have already given a landline and mobile number on your GDPR form **both of these can still be included**. As for email addresses, not everybody wants this to go on the website so Richard is happy for his email address to be used for all of the walks for the Kendal Group. Any enquiries that come through about any of the walks **will be forwarded** by Richard to the relevant leader.  
**Jill Hayes**  
**Walks Programme Editor**

## LETTERS TO THE EDITOR

### Tidal barrage

Dear Editor

I find it ironic that the development of our most reliable source of clean energy is **continually thwarted** by environmentalists. The Kent estuary is ever-changing. Milnthorpe was accessible to **ocean going vessels**. I don't go that far back but, as a boy, I remember when only a narrow strip of beach separated Grange promenade from bathing water. A guide to walks around Arnside showed a footpath around the bottom of the cliffs, along the shore-line, from Arnside to Far Arnside. More recently, **the main channel has shifted** to the south side of the estuary, scouring hitherto covered rock strata at Far Arnside, prompting a rethink and correction of the geological mapping.

It seems to me that the habitats are short-term and transitory and will be lost with **rising sea-levels**. If, and it is a big if, utilising the tidal flows of the estuary to generate reliable carbon-free energy is a cost-effective proposal (there are other estuaries which appear more suitable for the expenditure of limited engineering resources), isn't the **long-term gain** worth more than sustaining transient habitats which are replicated elsewhere? There was opposition to the building of the railway viaduct because of its perceived effects upon the environment. Now it is seen as a **desirable link** in the coastal path. (Structural supports for a cantilevered path were incorporated in the restoration works a few years past).

I suspect that a tidal barrier will **divide opinions** among Ramblers. Not only would it be very expensive, planning issues involving multiple interests and land-owners would be complex. Probably no more than two establishments in the U.K. have the capacity and ability to undertake modelling the complex movements of silt, fresh and salt water and the effects on the lower reaches of the inflowing rivers, which would be a necessary part of the design process.

**John Fairhurst.**

5<sup>th</sup> April 2023

### IRENE FARRINGTON

Born in Stockton on Tees, Irene was educated at the grammar school in Stockton and went on to gain a **BSc degree in Chemistry**. She began work in the research labs at ICI on Teeside.

Success there led to her being offered a place to **study for an MSc** at Imperial College, London.

While at ICI she met her first husband Alan Parker through a mutual love of mountains and rock climbing. They would travel up to Scotland on a motorbike for a weekend's climbing. They married and had two sons. (Dan and Rolf.)

Her second husband, **Freddy Farrington**, was working in Manchester and while living down there she began a second career **teaching Science and Chemistry** at a local Grammar School.

They came back to live in Brigsteer where Freddy had a house and **travelled widely** in Scotland and abroad.

Irene walked locally with Kendal Ramblers, South Lakes Walking Club and the U3A and was a long standing member of **The Lake District Fell and Rock Climbing Club**. She was also a Warden and led walks for the Lake District National Park.

She was a **talented artist and a Grade 8 pianist**, never missing the Mid-day Concerts or those held at the Leisure Centre.

She died on the 3rd May 2023 at Nether Place Nursing Home, Keswick aged 92.

**The Walking Partnership** have once again provided funds for us - £100 from holidays booked with them in November 2022. Do not forget to nominate Kendal Ramblers on booking holidays with Adagio and Cruise & Walk too - it costs you nothing!...

## A HOLIDAY IN THE SCOTTISH BORDERS

Our

holiday for next year will be in Peebles, staying at **The Tontine Hotel** which is situated in the centre of the town with beautiful views of the river Tweed to the rear and will be for four nights from **Monday 15th April to Friday 19th April 2024**.

The town of Peebles, surrounded by rolling hills and extensive woodland, offers a great variety of walking from gentle paths along the river to the more challenging **Dun Rig Horseshoe** on our doorstep. There are also plenty of places to visit such as Traquair House with its famous maze; Abbotsford, the home of Sir Walter Scott; and Edinburgh is less than an hour away.

**The cost for Dinner, Bed and Breakfast** will be £100.00 per person per night sharing a double or twin room and £120.00 per night for a single room. The deposits will be £200.00 for the double and twin rooms and £120.00 for the single rooms. As always the single rooms are limited and the rooms will be reserved on a first come first served basis. If you would like to join us please choose one of the following options: **Email me** at justjill@hotmail.co.uk to request a room, stating your preference and any special requests that you may have, but

**do not make any payments**. I will then email you confirmation and when you have received this you will be able to send a BACS payment for the required amount to the Kendal Ramblers account which is :- Unity Trust Bank PLC Account 20115386

Sort Code 60-83-01. **Please make sure that you include your full name as a reference.**

**Alternatively** you can fill in the form below, together with a deposit for the required amount and send it to me. As Unity Trust Bank charges us for cheques you will need to add .35p to the total amount to cover this. Please make the cheque payable to Kendal Ramblers

**All deposits must be received before the 10<sup>th</sup> September**. I will contact you again in February next year to collect the balance.

Name: .....

Address: .....

Telephone: .....

Email address: .....

Twin / Double / Single : .....

Special Dietary requests: .....

Return this form with your cheque to: Jill Hayes, 92 Hayclose Road, Kendal, LA9 7ND Tel : 01539 733099 Email - justjill@hotmail.co.uk

