



KENDAL GROUP

WALKS: MAY TO AUGUST 2017

PROGRAMME SECRETARIES:

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John Fairhurst, Park Head,
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B&Q = B&Q Car Park
Burton Road, Kendal

NB Start times vary

The Ramblers' Association promotes walking in the countryside, protects rights of way, campaigns for access to open country and defends the beauty of the countryside. Although these walks are organised by and for members of the Ramblers' Association, non-members are always welcome. If you would like to join us for any of the walks listed below, please contact the leader for more details. This group has a no dogs policy except for assistance dogs: the walk leader should be consulted beforehand to discuss the suitability of chosen route.

Walks grades

Climbing		Difficulty	
1	More than 2500 feet	A	Very strenuous, possibly including difficult and/or exposed scrambling, very steep and/or very rough moorland
2	1500-2500 feet	B	Strenuous, possibly including easy scrambling, steep climbs and/or rough moorland
3	1000-1500 feet	C	Moderately strenuous, possibly including fairly steep climbs and/or fairly rough moorland
4	500-1000 feet	D	Easy walking on good paths or grassland
5	Less than 500 feet		
6	Fairly flat		

Please always inform the leader if you want to go direct to the start of the walk, especially if you do not have a full car, as parking is very restricted in some places. Please also note that whilst every effort has been made to avoid errors, we cannot guarantee that there are none.

- **Leader will meet the group at the starting place**

TUE	SOUTHER FELL , BLENCATHRA AND BOWSCALE FELL	08:30 B&Q Car £7.00
02 May	9miles, 14km; 2887ft, 880m	09:30 Layby near High Beckside Farm NY366298
2B	Mountain paths	Leader: Roger Palmer, Tel: 01539 723662
THU	MARDALE ILL BELL TO KIDSTY PIKE	08:30 B&Q Car £5.80
04 May	8miles, 13km; 2500ft, 760m	09:45 Mardale Head cp NY469107
1B	Mountain tracks	Leader: * Ria Akster, Tel: 01539 733887
WED	FEIZOR, WHARFE & AUSTWICK	09:00 B&Q Car £5.00
10 May	7miles, 11km; 980ft, 300m	10:00 Elaine's Tea Rooms, Feizor SD789676
4D	Bridleways, good paths, bluebell woods; good café at end	Leader: * Peter Stevens, Tel: 01524 733931
THU	POTTER TARN AND STAVELEY	09:30 B&Q Car £0.70
11 May	7.5miles, 12km; 800ft, 240m	09:50 Burneside Millenium Green SD506957
4D	Tracks and quiet lanes	Leader: Margaret Pook, Tel: 015395 60249

TUE	NAPPA SCAR & WHARFE	09:30 B&Q Car £5.00
16 May	7miles, 11km; 360ft, 110m	10:15 Clapham car-park SD745693
4D	Field paths and lanes	Leader: Michael Jackson, Tel: 015395 60020
	Two walks on this day	
THU	KEVIN'S KENTMERE ROUND	08:30 B&Q Car £2.40
18 May	12.5miles, 20km; 3600ft, 1100m	09:00 Maggs Howe, Kentmere NY462041
1A	Some steep and rocky ascents and descents	Leader: * Kevin Dronsfield, Tel: 01253 733824
THU	AROUND WESTMORLAND'S PENDLE HILL	09:15 B&Q Car £1.00
18 May	6miles, 10km; 800ft, 240m	09:30 Longcroft, Crooklands SD539826
4C	Field paths and lanes	Leader: Martin Jayne, Tel: 015395 60942
WED	SNIPESHOW TARN AND WILLIAMS BECK	09:15 B&Q Car £5.60
24 May	7miles, 11km; 2000ft, 610m	10:00 Off road, opposite Thirlmere road end NY316194
2C	Mainly good paths with a little off path	Leader: John Holman, Tel: 015395 60662
THU	ELTERWATER	09:30 B&Q Car £3.60
25 May	6miles, 9.5km; 300ft, 100m	10:30 Elterwater NT cp NY329047
5D	Good paths and tracks	Leader: John Fairhurst, Tel: 01539 731727
TUE	VICTORIA CAVE AND CATRIGG FORCE	09:15 B&Q Car £5.60
30 May	10miles, 16km; 1200ft, 370m	10:00 Settle car park near railway viaduct SD819638
3C	Paths and tracks through fields and rough pasture	Leader: * Ria Akster, Tel: 01539 733887
THU	BEDA FELL, ANGLE TARN PIKES AND MARTINDALE	09:00 B&Q Car £8.00
01 Jun	8miles, 13km; 2000ft, 610m	10:15 St Peters Church, Martindale Hause NY436192
2B	Tracks, fell paths and minor road	Leader: Hilary Parker, Tel: 015395 34863
WED	SATTERTHWAITE, RUSLAND AND FORCE FALLS	09:00 B&Q Car £4.80
07 Jun	6miles, 10km; 400ft, 120m	10:00 Blind Lane Forest car park SD343912
4D	Woodland paths and forest trails	Leader: * Irene Allan, Tel: 015395 38832
	Settle and Carlisle Railway walk	
THU	MALLERSTANG AND NINE STANDARDS RIGG	08:45 B&Q Car £5.00
08 Jun	17miles, 27km; 2200ft, 670m	09:40 Kirkby Stephen Station. 09.48 train from Kirkby Stephen to Garsdale. NY762066
2B	Fell paths, open fell and some bog.	Leader: Nick Spencer, Tel: 01539 822604
TUE	FLEETWITH PIKE AND HAYSTACKS	08:30 B&Q Car £8.00
13 Jun	9miles, 14km; 2650ft, 810m	09:45 N.T. Car park out Buttermere village NY173173
1B	Mountain and lakeside paths	Leader: * Kevin Cook, Tel: 01539 731495
	Afternoon walk	
THU	LANCELOT CLARK STORTH NATURE RESERVE	13:30 B&Q Car £2.40
15 Jun	4miles, 7km; 700ft, 220m	14:00 Plain Quarry SD551761
3D	Woodland, farmland, quiet lane, limestone pavement	Leader: John Fairhurst, Tel: 01539 731727
WED	HADRIANS WALL - EAST CRAGS	09:15 B&Q Car £8.00
21 Jun	10miles, 16km; 1444ft, 440m	10:45 Steel Rigg car park, near Once Brewed NY751677
3D	Cliff edge, moorland, road and tracks	Leader: Dave Harrison, Tel: 01539 728426
THU	THE DELIGHTS OF DENTDALE	09:30 B&Q Car £3.40
22 Jun	6miles, 10km; 900ft, 270m	10:15 Dent car park SD704870
4C	Rocky tracks and field paths	Leader: Jill Hayes, Tel: 01539 733099
TUE	ILL BELL AND FROSWICK	08:30 B&Q Car £2.40
27 Jun	11miles, 18km; 2500ft, 760m	09:00 Troutbeck Church NY412017
1B	Fell paths, initial steep ascent	Leader: * Kevin Cook, Tel: 01539 731495

THU 29 Jun 2C	CLOUGHA PIKE AND WARD'S STONE 11miles, 18km; 2000ft, 610m Rough moorland	09:00 B&Q Car £4.80 09:45 Little Cragg SD545617 Leader: Tony Willey, Tel: 01539 730365
WED 05 Jul 4D	AROUND CROOK 6.5miles, 10km; 500ft, 150m Field paths and quiet lanes	09:30 B&Q Car £0.80 09:50 Layby off A591 after Ratherheath Lane SD485964 Leader: Alison Jones, Tel: 01539 739105
THU 06 Jul 4D	CHIPPING 7.5miles, 12km; 300ft, 90m Field paths and country roads	09:30 B&Q Car £7.60 10:30 Chipping car park SD621432 Leader: * Avril Hallam, Tel: 015395 64118
TUE 11 Jul 4C	LONG SCAR PIKE 8miles, 13km; 1000ft, 300m Fells to the east of Shap	09:00 B&Q Car £2.60 09:45 Start of old road NY565086 Leader: Geoff Brooks, Tel: 01539 720097
THU 13 Jul 2C	RANDYGILL AND GREEN BELL 9miles, 14km; 2000ft, 610m Fell paths, tacks, lanes and fields. One steep climb	09:25 B&Q Car £4.00 10:00 Newbiggin-on-Lune, street parking NY704052 Leader: * Jenny Marshall, Tel: 01229 830100
WED 19 Jul 4D	NATEBY TO PENDRAGON CASTLE 7miles, 11km; 700ft, 210m Field paths and tracks	09:00 B&Q Car £5.40 10:15 Layby just south of Nateby on B6259 NY776064 Leader: Yvonne Houfe, Tel: 01539 724691
THU 20 Jul 1B	FAIRFIELD HORSESHOE 10.25miles, 16km; 3430ft, 1050m A classis Lakeland walk with mountain paths and good views	08:30 B&Q Car £3.60 09:15 Rydal Road car park, Ambleside NY375047 Leader: * John Ryder, Tel: 015394 47357
TUE 25 Jul 2C	HOLME FELL AND TILBERTHWAITE QUARRIES 7miles, 11km; 1800ft, 550m Mainly good tracks, some open fell	09:30 B&Q Car £4.30 10:30 Shepherds Bridge, High Yewdale SD314998 Leader: * John Edmondson, Tel: 01539 821251
THU 27 Jul 4D	MILNTHORPE AND FAIRY STEPS 6miles, 10km; 500ft, 150m Park, woods and coast	10:00 B&Q Car £1.60 10:30 Before Bela Bridge, Milnthorpe SD489813 Leader: * Nigel Maxwell, Tel: 015242 72964
WED 02 Aug 5D	THE BRONTE WAY 6miles, 10km; 300ft, 90m Field paths and lanes	09:30 B&Q Car £2.80 10:15 Cowan Bridge Village Hall cp SD636765 Leader: * Pat Walsh, Tel: 01524 761077
THU 03 Aug 2B	BRAM RIGG, THE CALF AND ARANT HAW 8.5miles, 14km; 2450ft, 750m Fell paths, tracks, lanes and fields, maybe some beck crossings	09:00 B&Q Car £2.00 09:30 Roadside parking on Howgill Lane SD654923 Leader: Joanna Kirkbride, Tel: 01539 725029
TUE 08 Aug 1A	DOW CRAG AND BUCK PIKE 8miles, 13km; 3000ft, 900m Open moor paths and mountain paths	08:45 B&Q Car £5.80 09:30 Wilsons Arms, Torver SD284941 Leader: Martin Jayne, Tel: 015395 60942
THU 10 Aug 5D	Morning walk - picnic lunch at Holehird if fine ORREST HEAD 5miles, 7.5km; 200ft, 50m fell and farm paths	09:30 B&Q Car £2.50 10:00 Lay-by on Patterdale Road, Windermere NY407006 Leader: John Fairhurst, Tel: 01539 731727
WED 16 Aug 5D	RAMBLING BETWEEN RIVERS 7miles, 11km; 200ft, 70m Visiting Rivers Kent, Sprint and Mint on field paths and lanes.	09:30 B&Q Car £0.70 09:50 Burneside Millenium Green SD506957 Leader: Rosemary Bennett, Tel: 015395 60875

THU 17 Aug 3C	WHINFELL BEACON & BORROWDALE 8miles, 13km; 1600ft, 490m Initial steep ascent - can be wet in places	09:00 B&Q Car £2.00 09:45 Lay-By Hucks Bridge NY552037 Leader: Geoff Brooks, Tel: 01539 720097
TUE 22 Aug 4D	PENDLE-THE LITTLE END 6miles, 10km; 950ft, 290m farm paths, five easy ascents	09:30 B&Q Car £8.00 10:45 Whalley Spring Wood cp SD741360 Leader: Michael Jackson, Tel: 015395 60020
THU 24 Aug 2C	BLACK COMBE 9miles, 14km; 1900ft, 580m Fell paths	08:30 B&Q Car £7.40 09:45 Whicham church car park SD135827 Leader: * Helen Robinson, Tel: 01539 823126
WED 30 Aug 5C	LONG MEG AND LACY'S CAVE 6miles, 10km; 500ft, 150m Footpaths and minor roads	09:30 B&Q Car £7.00 10:30 Little Salkeld NY566362 Leader: Jill Hayes, Tel: 01539 733099
THU 31 Aug 1B	DALE HEAD AND ROBINSON 9.5miles, 15km; 2800ft, 850m Mountain paths	08:30 B&Q Car £8.00 09:45 Newlands Church NY230193 Leader: Roger Palmer, Tel: 01539 723662