

No. 221: October 2016

Views expressed in this publication are those of the contributors, and not necessarily those of the Ramblers.

Area AGM 18TH February 2017

See page 4 for details

Summit Good Lifesavers !!!

We have had some fantastic news, and it is something which makes me really proud to be a member of the Ramblers and to have met such fantastic people through our society. Well very recently, becoming a LIFESAVER became a reality to a member of our group.

Summit Good received a grant from the Ramblers LD Area for First Aid training for some of our walk leaders. The money was put to good use straight away and two people successfully completed the course.

This training was used superbly recently when walk leader Mel Eggleton saved the life of a baby! Mel was at work when a woman ran into the pharmacy, shouting for help as her baby was choking. Mel ran outside to help, and when she got there she found the baby, bright purple and choking to death.

Using what she learned on the course, Mel turned the baby on its front, head down and hit it three times on its back - dislodging the blockage. The baby started breathing again, and I don't think anybody has ever been so grateful to hear a baby scream!

Thanks to the Ramblers funding, and Mel's cool head in a crisis, there is a baby alive which otherwise would have died and a family would be mourning the loss of a loved one instead of enjoying the summer.

Well done, Mel!

**Members of Penrith Group Raise
£1165 for Children In Need**

Some of the Penrith group took part in the Countryfile Weekend Rambles for Children In Need on 8th and 9th October. As part of our scheduled Saturday walk on October 8th:

Helvellyn via Swirral Edge, two of the group were sponsored by members from that group and others and raised £285 in total. The following day an intrepid group of 8 ladies from the B+ group, led by Janet Upton, our Strollers coordinator and ably supported by her husband Harry, did the newly inaugurated 20 mile Ullswater Way. Janet and another member raised £815 sponsorship money for this event, so a grand total of £1165 was raised.

A special thanks is due to Janet for the delicious sustaining cakes she baked for us, and to Harry for driving to the various rendez-vous points so that we could eat them.



Kendal group continue to be very active.

A holiday for group members in Galloway in April was well attended and enjoyed by all.

The Group ran a Publicity Day at Kendal Town Hall on 30 July and took a stand at the Westmorland County Show on 13 September. Both days were well attended by possible new members.

The Chairman and the Minutes and Membership Secretaries attended the Ramblers Northern Volunteer Development day in Durham on 17 September which offered sessions on Recruitment, Rights of Way and Lost Ways.

A contribution of £3000 was made from Group funds to enable the early repair of Miller Bridge at Ambleside after the floods.

The Group's financial position remains very healthy.

The Group also held a Supper & Quiz on 21 October in aid of Mountain Rescue.

Walk Leader Training Day

Most groups seem to struggle when it comes to finding sufficient walk leaders. With this in mind LD Area have arranged a Training Day to be organised by the Penrith Group and open at no charge to all members of Ramblers.

It is to be held on March 22nd 2017 and based at Mungrisedale Village Hall (near Keswick) from 9.00am – 5.00pm.

The course is being run by Alan Conway of ACAActive (See website www.ACAActive.co.uk As a result of a similar course last year Penrith Group gained six new leaders.

To book a place contact the Editor

Looping the Lake – the Ullswater Way!

For many years, walking around each of the main lakes in the Lake District has been an aim of mine, and recently that came one step closer to being fulfilled.

During the weekend of 22nd and 23rd October, Summit Good walked the “Ullswater Way” as a two day “mini-trek”. The route – a complete loop of the lake – is approx. 20 miles in total, and thanks to the hard work of those who developed it and the landowners who have allowed permissive paths through their grounds, the vast majority of it is off-road.

Starting at Pooley Bridge, we walked the route in an anti-clockwise direction. Initially through undulating countryside, the route begins to gain height and offers great views along the lake. After a few hours of ambling we arrived at Glenridding where we stopped for tea, coffee, scones and flapjack; the remediation work from last December's floods still ongoing.

After spending the night in YHA Patterdale, where a cake appeared by surprise to help us celebrate the birthday of one of our members, we set off in glorious autumnal sunshine to complete the circuit. Naturally, when we arrived back at Pooley Bridge we celebrated an enjoyable weekend of walking with a very indulgent hot chocolate and cake.

So, with the “Ullswater Way” rapidly becoming established as a firm favourite, I can only hope a “Windermere Way” follows very soon indeed!

Wayne Ingamells
Chair & Walks Programme Coordinator, Summit Good



Summit Good – smiling and happy after completing the Ullswater Way

Don't Lose Your Way

The *Ramblers* initiative of Restoring the Record of Lost Ways has now moved into a higher gear, and will be one of *Ramblers'* major projects. Renamed “Don't Lose Your way” it joins with the Open Spaces Society and British Horse Society to encourage more research. There will also be targeted funding.

At the *Ramblers'* national meeting in Birmingham on October 5th 2016 almost 60 delegates from all parts of the country were assured by Janet Davis, Senior Policy Officer, that the relevant parts of the Deregulation Act 2015 would be duly implemented; these will both remove from DMMO applicants the need to find the identity of landowners and also make the process less confrontational. She also assured the delegates that funding would be found.

Delegates were a mixture of “interested” but inexperienced, and those already involved to varying extents. There was a frank exchange of experience and information. There were examples of how to start a group, and the simple ways to acquire and organise the data (even from one’s armchair), but also how to delve deeply into possible sources of evidence. A method of documentation was presented which clearly had the interest of a number of the delegates.

There were two very clear messages. The first was that almost without exception there was a need to attend a workshop such as given by Sarah Bucks and Phil Wadey in Lancaster in 2015, and which are now being sponsored all over the country; and also to have access to their reference book “Public Rights of Way – Restoring the Record.” Some computer ability is also needed.

It was also shown that help could be given by those who were not inclined towards Archive research (fascinating though it may be) such as by walking routes on the ground and photographs.

More recruits are needed in Lake District Area, and Area Council could assist by repeatedly advertising and drawing attention to this now major project. Anyone remotely interested should email:
perobin@gmail.com

English Coastal Path Update

The ECP path is progressing, slowly, through Cumbria and a consultation on the section of the coast through Silecroft to Silverdale is expected next year and with the remainder of the Lancaster Group territory to follow. This follows recent consultations on the Walney Island loop and the section from Allonby to Scotland and for which we await the result of our representations. In the next year we expect work to be completed to open the path from Silecroft to Whitehaven and so making the route open as far north as Allonby. The physical work for the sections from Allonby to Scotland and around Walney Island should start in 2017.

Hopefully the full path through the Lake District area should be walkable before the 2020 completion date.

Ian Brodie

The New Pathwatch Campaign

(To be launched at the end of November 2016)
We know that our rights of way are an asset – for transport, the economy and for our health and wellbeing. We need local authorities, at all levels, to see that value and give the necessary support to the network. We will be working with them, and with you, to achieve this change in behaviour and practice. This will involve helping local authorities access different sources of funding, and showing how working across different teams within authorities can maximise the value of the network (e.g. how rights of way are a concern for health teams as well as highway teams).

We hope to work closely with you to build and develop relationships with local authorities in your area in order to deliver this campaign.

We also know we need to convince the wider walking public of the value of rights of way. Although there are millions of walkers in England and Wales, we believe that interest in maintaining rights of way is comparatively low. We want to change that and encourage more people to monitor and maintain rights of way. With more public interest and support for rights of way, there will be greater political will to recognise their value and invest resources into their maintenance.

The Pathwatch campaign will therefore seek support from those who don’t currently support the network, as well as from those - like you - who do. There will be activity aimed at all walkers so they can contribute to our aim of a well maintained path network across England and Wales by 2020. So do bear this in mind if some of the messaging doesn’t seem right from your perspective as a regular walker and an active Ramblers member – that messaging might not be aimed at you.

We will send you more information to outline the specific ways you can get involved in the campaign. It would be fantastic to have your support.

With kind regards,

Nicky Philpott

Director of advocacy and engagement

NOTICE OF THE 80th ANNUAL GENERAL MEETING 2017

The Annual General Meeting of the Ramblers' Association Lake District Area will held at Stricklandgate Methodist Church Hall, Kendal, at 2.00pm on Saturday 18th February 2017

AGENDA

1. Apologies for absence
2. Chairman's Introduction
3. Minutes of the Annual General Meeting held on 27th February 2016
4. Matters Arising
5. Annual Report
6. Financial Statement
7. Election of Officers : President
8. Chairman
Vice Chairman
Secretary
Treasurer
Membership Secretary
Footpath Secretary
Countryside Secretary
Press and Publicity Officer
Access officer
Newsletter Editor
9. Election of Independent Examiner
10. Motions received **in writing** by the Secretary (28 days notice please)
11. Any Other Business

Note: Nominations for Officers must be submitted in advance to the secretary as

AGM NOMINATION SLIP (Copy and cut off as many as you require)

RAMBLERS' ASSOCIATION LAKE DISTRICT AREA- AGM 18.02.2017

You are invited to make nominations for the following positions for the forthcoming year: Chairman, Vice Chairman, secretary, treasurer, membership secretary, footpath secretary, countryside secretary, Press & Publicity officer, Newsletter Editor(Please check before making a nomination that the nominee is able and willing to serve, if elected.)

Position **Proposer**

Secunder

Please return this slip, **before 20.01.2017**, to the Area secretary, Charlie Shepherd at charlieshepherd@talk21.com or Low Outwood, Arthur Street, Penrith, CA117TX

RAMBLERS' ASSOCIATION LAKE DISTRICT AREA

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Please note that all of the serving officers are prepared to stand for reelection